

**Help us in welcoming our new massage therapist, Donna!**

**Donna Rowsell is pleased to be able to offer her massage services at SSHRC! She has recently moved to St. Joseph and she is loving the beach and the slower speed of life. She graduated from the New School for Massage and Bodywork in Chicago in 2007. She has a background in nursing and uses this to take a science based approach to massage. Her goal is to provide natural relief for pain and discomfort. She provides a custom treatment regimen since every client is wanting something different. She enjoys being one on one with her clients and seeing them leave feeling better. It has been a very rewarding and positive experience for Donna.**

**She hopes her clients feel the same way after leaving their appointment. She cannot wait to work with you and the rest of the SSHRC staff!**

**Contact her directly for any questions or concerns.**

**To Inquire About Massage Offerings:**

**Contact Donna at:**

**773.510.4400**

**or**

**[donna.rowsell.lmt@gmail.com](mailto:donna.rowsell.lmt@gmail.com)**

